



Stacey Long Fain
LCMHC, NCC

About Stacey Long Fain.

Stacey Long Fain is a Licensed Clinical Mental Health Counselor, certified by the North Carolina Board of Clinical Mental Health Counselors. She is also a National Certified Counselor. Ms. Fain earned her Master of Science degree in Counselor Education from North Carolina A&T University and holds a Bachelor of Science degree in Elementary Education from Appalachian State University. Additionally, she has achieved recognition as a National Board-Certified School Counselor and a National Certified Counselor.

Ms. Fain has been providing individual and small group counseling services for children, adolescents, parents, and families for over 30 years. She employs a client-centered, Christian-based approach, utilizing cognitive behavioral therapy for various age groups. With children and adolescents, she incorporates techniques such as mindfulness, bibliotherapy, play therapy, music, art activities, games, and journaling.

Ms. Fain is passionate about working with individuals from diverse backgrounds, addressing issues such as ADHD, depression, anxiety, stress, trauma, grief and loss, parent/child relationship challenges, and other mental health and life concerns.

In her free time, Ms. Fain enjoys spending quality time with her son. Together, they love to travel, explore new adventures, ride horses, fish, and swim. Her favorite pastime is reading a good book while savoring a great cup of coffee.